

LA020: WIC Cooks on YouTube
Online Cooking Class Evaluation

- Go to www.youtube.com. Type “RHN WIC” in the search bar to find our YouTube Channel.
 - Or, click the link below to go directly to the RHN WIC YouTube Channel:
<https://www.youtube.com/channel/UC3OCPoN5YVwv1oEYGyEOndQ>
 - Watch a video on preparing a healthy recipe using your WIC foods.
 - After you watch the video answer the questions below.
 - Bring this sheet back to your WIC clinic to receive your benefits.
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1. What recipe was prepared in the video?

2. Why did you choose this recipe?

3. State one thing you learned from watching the cooking video.

4. Did you prepare the recipe at home? If not, do you plan on preparing it in the future?

5. What other recipes would you like to see as video cook classes in the future?

6. Please share any comments or suggestions you have about this cooking class video.

WIC is an equal-opportunity provider.

<p>For use by WIC staff: Site #: _____ FID: _____ Date: _____</p>
