

# Burnout, Recovery, and Resiliency Conference

## Agenda

**1:30 pm** Self-Care: Preventing Compassion Fatigue and Secondary Traumatic Stress  
(Superior HealthPlan)

**2:45 pm** Burnout and Modeling Recovery Panel Discussion and Q&A with Providers  
(Regence Health Network, TTU Health Sciences Center, Cenikor Foundation, Deaf Smith County Hospital District)

## Target Audience

- ◆ Behavioral health providers
- ◆ Primary care providers
- ◆ Social workers
- ◆ Other service providers

Followed up by a 6-week series Self Care Plan for a 30-minute weekly group activity via Zoom.

<b>April 13</b> <b>Zoom Webinar</b>	<b>1:30 pm to</b> <b>3:45 pm</b>	<b>CEU, CNE &amp; CME</b> <b>credits offered</b>
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**Register: <https://rebrand.ly/BurnoutRecovResil>**



- Social Work Provider Statement: Amarillo College is an approved provider through the Texas State Board of Social Workers and provides CEUs for Social Workers. Amarillo College provides contact hours of continuing education (CEUs) for Licensed Professional Counselors, Licensed Marriage Family Therapists, and Psychologists.

- Texas Nurses Association Statement: Amarillo College Center for Continuing Healthcare Education is an approved provider of nursing continuing professional development by the Texas Nurses Association an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

- Physician Accreditation Statement: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint provider ship of Texas Tech University Health Sciences Center, Panhandle Area Health Education Center, Panhandle Behavioral Health Alliance, and Amarillo College. Texas Tech University Health Sciences Center is accredited by the ACCME to provide continuing medical education for physicians.

- Physician Credit Designation Statement: Texas Tech University Health Sciences Center designates this live activity for a maximum of 2.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.